



MYRINGOTOMY WITH TUBE INSERTION

POST-OP INSTRUCTIONS

1. Patients may have complaints of ear pain. You may give Tylenol (acetaminophen) as directed on the bottle.
2. If there was hearing loss prior to surgery, normal sounds may seem loud due to the immediate improvement in hearing.
3. Some drainage is normal during the first 24 hours after surgery. It may be a mixture of clear/bloody/brown fluid.
4. A cotton ball will be placed in the ear canal at the time of surgery. You may remove it later that day.
5. If drainage continues longer than 24 hours or smells bad, please call the office. Anytime you notice drainage from the ear canal, we would like to be notified so we can document it in your chart. Drainage usually indicates there is an infection.
6. You should not allow any contaminated water to get into the ears, such as lake, river, or pond water. You can prevent this by wearing ear plugs, which you can buy over the counter, or get them custom made by an audiologist. Swimming in a well chlorinated pool, bathing, and showering all can be done without wearing ear plugs.
7. The average stay of Paparella tubes (short term) is 8-12 months with the T-tubes and Triune tubes (long term) being 2-3 years. Periodic examinations are needed while the tubes are in place. These are important and should not be forgotten. The normal pattern for post-op checks are at a month, 6 months, and then every 4-6 month intervals until the doctor is sure that the tubes have fallen out and the eardrums have healed closed.
8. Should you have further questions or concerns, PLEASE call the office at 712-234-8787, and ask to speak to a nurse.